



ENCOURAGE INDEPENDENCE

Instead of:

- filling applications out for them
- speaking for them

Encourage:

- practicing communication
- responsibility
- problem-solving



NORMALIZE PROFESSIONALISM EARLY

Teach:

- responding to emails
- answering phones
- showing up on time
- appropriate texting/email etiquette



HELP THEM DISCOVER THEIR STRENGTHS

Acknowledge:

- leadership
- creativity
- organization
- communication
- caregiving
- problem-solving



PRACTICE INTERVIEW QUESTIONS AT HOME

Suggested questions:

- Tell me about yourself.
- What are your goals?
- What are your strengths?
- Describe a challenge.



TEACH THEM HOW TO HANDLE REJECTION

Explain:

- rejection ≠ failure
- interviews are learned skills
- confidence develops through repetition

HOW TO SUPPORT YOUR TEEN'S CAREER READINESS

01.

02.

03.

04.

05.